

Guidance regarding our study

“Questionnaire about the relationship between budo habits and children’s mental health”

For the maintenance and promotion of mental health, we hope to offer information about a joyful and healthy way of practicing budo through research into what things Budo habits cultivate.

For those who would like to help with our research, please access the website linked by QR code or search in Facebook below and answer the all the questions.

How to Participate

- Read through the Objectives of the Study and the Explanatory Brief
- Register your own ID and password
- Log in to your account for the first time
- Start to answer

Anyone who has a 4 to 17-year-old child who learns budo can participate in the questionnaire. We hope for you not only to answer them, but also to forward or share the URL with acquaintances whose children also learn a budo.

The time it takes to complete the questionnaire is approximately 10 minutes. You will be asked to cooperate once again, a year later, so we would be grateful if you could remember your ID and password.

In this first questionnaire, you will answer about your “current state”. There will be a follow up a year later.

Facebook access



The relationship between Budo habits and Children’s Mental Health

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Questionnaire QR code

English and Italian/French language are found in mixed manner in Italian and French version of the questionnaire



English

http://bit.do/KUNP_En

French
http://bit.do/KUNP_Fr



Italian

http://bit.do/KUNP_It

