## Dear Friends,

I would like to welcome you to the 29th edition of the ABKF Winter Seminar and Nakakura Cup.

Over the years our seminar has spread its wings and gained the interest from people from all over the world. We have visitors from neighbour country Luxemburg as well as practitioners flying over from Brazil, Mozambique or the USA.

We've added Jodo to the first proposed Kendo and Iaido. All three Budô under one roof during one week with examinations up to the highest allowed level in each budô.

In the first years, the drawing for the kendo competitions was done during the party on Saturday evening. Today, we need to do it in advance due to its success.

Thanks to the support of the delegation and Hirakawa sensei, you visit Brussels in December. We thank him for his commitment in this adventure and all teachers for spending their free time in helping us to improve our Kendô, Iaidô and Jodô.

To run this kind of event smoothly, we have counted on an increasing group of volunteers: Jan, Koen, Stephan, Marie France, Tom, Ismail, Claire, Cécile, Freddy, Chris, Peter, Marc, Dirk, Lucia, Jacques, Yoshinobu, Yolanda and .... You!

On behalf of ABKF, we want to thank you very much for your smiling presence and your sweat!!



Serge Hendrickx, President ABKF